

BUILDING MY EBENEZER

Use this reflection process whenever you're feeling stuck and need to remember what God has brought you through, the themes of your life, and the lessons learned along the way.

PROCESS STEP ONE: LOOK

What has the Lord brought you through? Look back on your life or even the last few years and name some of the hard things you've been through and reflect on how the Lord has brought you through them.

01

PROCESS STEP TWO: REVIEW

What are some of the lessons you've learned along the way? List for yourself some of the lessons you've learned as you navigated life and hardship and joys.

02

PROCESS STEP THREE: OBSERVE

Where is the Lord working on your behalf? Pause here and really sit in the presence of God. Ask God specifically where he's working - you may be surprised. Look for any themes that may be floating to the top.

03

PROCESS STEP FOUR: PRAISE

What words of gratitude and praise can you offer to God? Raise your gratitude and praise the Rock of Our Salvation and Hope.

04